

# Best Day of My Life

Easy Intermediate

Music: American Authors, Oh, What a Life 3:14  
Choreo: Hendrik Lanatowitz, Clogging@Lanatowitz.eu 100 BPM  
taught at 18<sup>th</sup> ECTA Clog Convention, Etelsen, Germany, 2014-07-05

Sequence: **A Bk B C A Bk2 B C D B C\* Ending**

Wait 16 beats

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## Part A: (32 beats)

Cotton Kick           KK UP(xif)/H KK UP(unx)/H DS RS  
L L           R L L           R L RL  
&           1 &           2 &3 &4

Heel Walk           DS DS H(w) H(w) RS  
R L R       L       RL  
&1 &2 &   3       &4

Samantha Pull       DS DS(xif) DR S(ib) DR S(ib) R H(w/ots) S(ib) DS RS  
R L           L R           R L           R L           R       L RL  
&1 &2       & 3       & 4       & 5           6       &7 &8

Repeat **all above (opposite footwork).**

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## Break: (16 beats)

2 Simple           DS S DS RS  
L R L RL  
&1 2 &3 &4

Jack & Jill       DS DS DS DS DR S DR S DR S DR S       **move fwd on beat 1-4,**  
L R L R R L L R R L L R       **move bw on beat 5-8**  
&1 &2 &3 &4 & 5 & 6 & 7 & 8

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## Part B: (32 beats)

Mountain Basic     STO DT UP/H DS RS  
L R R L R LR  
1 &   2 &3 &4

Triple Lick       DS DT UP/H DT UP/H DT UP/H  
L R R L R R L R R L  
&1 &   2 &   3 &   4

Spinner           DS DS R H(w) (**turn 1/2** L) S  
R L R L                           R  
&1 &2 & 3                           4

Pump Touch       DS KK UP/H TCH(xif) UP/H TCH(if) UP/H  
L R R L R           R L R           R L  
&1 &   2 &           3 &           4

Repeat **all above (opposite footwork & direction) to face front again.**

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## Part C: (16 beats)

Turning Vine       DS DS(xif) DS DS DS DS DS RS       **full turn R on beat 4-6**  
L R           L R L R L RL  
&1 &2       &3 &4 &5 &6 &7 &8

Repeat **Turning Vine (opposite footwork & direction).**

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Sequence:           **A Bk B C    A Bk2 B C    D B C\*    Ending**

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### **Break 2:** (14 beats)

2 Simple            DS S DS RS  
                     L R L RL  
                     &1 2 &3 &4

Jack & Jill short    DS DS DS DS DR S DR S            **move fwd on beat 1-4,**  
                     L R L R R L L R            **move bw on beat 5-6**  
                     &1 &2 &3 &4 & 5 & 6

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### **Part D:** (48 beats)

Basketball Turn    S(if) PVT (**1/2 R**) S    DS RS  
& Basic            L                        R    L RL  
                     1                        2    &3 &4

Grape Vine        S(ots) S(xib) S(ots) TCH  
                     R            L            R            L  
                     1            2            3            4

Basketball Turn    S(if) PVT (**1/2 R**) S    DS RS  
& Basic            L                        R    L RL  
                     1                        2    &3 &4

2 Step Touch        S(ots) TCH  
(R&L)                R            L  
                     1            2

**Repeat all above (opposite footwork & direction).**

4 Turkey            H(ots/w) FLP S(xib) DS RS            **turn 1/4 L on beat 3-4**  
(L,R,L,R)            L            L R            L RL  
                     1                        & 2            &3 &4

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### **Part C\*:** (16 beats)

Turning Vine        DS DS(xif) DS DS DS DS DS RS            **full turn R on beat 4-6**  
                     L R            L R L R L RL  
                     &1 &2            &3 &4 &5 &6 &7 &8

2 Outhouse        DS TCH(ots) H TCH(xif) H TCH(ots) H  
(R&L)                R L            R L            R L            R  
                     &1 &            2 &            3 &            4

**Repeat all above (opposite footwork & direction).**

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### **Ending:** (1 beat)

(quick) Step        S  
                     L  
                     &

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